

hygiene, health & safety

- rules and regulations -

general information:

- with an incidence rate between 50 and 100, a negative corona test result is required to enter the building. This counts for everyone above the age of 6 years. Either of the two tests are valid:
 - “PCR-Test” with certification that is no older than 48 hours
 - rapid test (“Antigen-Schnelltest”) with certification that is no older than 24 hours
- FFP2-masks are to be worn in the entrance hall and the dressing rooms. For children between 6 and 14 years a medical mask suffices.
- Keep your distance (1.5m)
- No food allowed on the premises
- Drinks can be brought with you in your own bottle. Please refrain from bringing glass bottles or “sticky” drinks.
- Only one adult per child (if possible it should always be the same person from the same household)
- siblings are not allowed in the building
- strollers can't be taken into building

You are not allowed to enter the premises / partake in class if you or your child:

- are currently tested positive for SARS-CoV-2
- have been in contact with a COVID-19 positive person within the last 14 days
- are currently required to be quarantined
- have any kind of symptoms, such as:
 - general respiratory symptoms (difficulty breathing, a cough, a runny nose...)
 - SARS-CoV-2 specific symptoms (loss of smell or taste)

preparation at home:

- to make changing easier, you can put on your swim clothes at home
- leave your valuable belongings at home - our lockers are currently out of use
- bring your own blow-dryer

arriving at the building:

- the earliest you can go inside is 15 minutes before the start of your class, but 5 minutes at the latest - this way we can avoid run-ins with other swim classes!

- FFP2-masks are required upon entering the building for anyone above the age of 14, medical masks for children between 6 and 14 years old
- disinfect your hands upon entering
- leave your outside shoes in the designated area
- follow the signs in the building:
 - the dressing rooms are marked by class times and free spots
 - all dressing rooms are family dressing rooms, no gender-specific dressing rooms
- carry personal belongings and your towel in a bag into the pool hall with you

during the class:

- the class teacher will pick you up at the dressing room and accompany you to your spots in the pool hall
- a quick shower is possible
- the necessary toys and / or aids for the classes will be at your designated spot
- → toys and swimming aids will be disinfected with the chlorine water before every lesson
- keep your distance of 1.5m

after the class:

- the class teacher will accompany you back to the dressing room
- a quick shower is possible
- only use your blow-dryer in the designated areas
- leave the premises within 25 minutes

information specific to children's swimming classes:

- wearing a mask during your entire stay anywhere in the building is mandatory
- we suggest, if possible, to leave the premises during the swim lesson
- staying in the building to watch is not possible